

SERMON NOTES

Overflow - Week 10
The Heaviness of Hatred

March 23-24, 2019

1. The _____ of forgiveness.

“Master, how many times do I forgive a brother or sister who hurts me? Seven?”
(Matt. 18:21 MSG)

2. The _____ of unforgiveness.

“See to it that no one misses the grace of God and that no bitter root grows up to cause trouble and defile many.” (Heb. 12:15 NIV)

3. The _____ for unforgiveness: give the grace you have been given.

- Decide what you need to forgive.
- Ask yourself why it hurts.
- Take it to Jesus.
- Tell your offender.
- Pray for your offender.
- Conduct a funeral.

Live the Overflow: Reflect on the six steps toward forgiveness. Can you put them to use?



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