

WEEK 1

# THE HOLY WHO

## POWER

Power happens when the Holy Spirit comes.

## PROMISE

A relationship with the Holy Spirit results in a vigorous life.

## PRAYER

Empower me.

## JOHN 16:7 AMP

*But I tell you the truth, it is to your advantage that I go away; for if I do not go away, the Helper (Comforter, Advocate, Intercessor—Counselor, Strengtheners, Standby) will not come to you; but if I go, I will send Him (the Holy Spirit) to you [to be in close fellowship with you].*

## CONSIDER

Have you ever wondered if it might be easier to be a Christian if Jesus were still here on earth? A reasonable thought, but Jesus himself may beg to differ. In fact, he told his disciples it was to their advantage that he was going away. Jesus was certain that the presence of the Holy Spirit would be the difference maker in the lives of his followers. The same Holy Spirit has been made available to us as followers of Jesus.



## PRAY

Pray silently as we begin the first lesson of *Alive in Us*. Ask the Holy Spirit to reveal himself to you in a new way through this study. Listen, and write down his response.

*Holy Spirit, you are a great mystery and I want to understand you better. Use this study to deepen my understanding of you. Teach me who you are, how you work, how I can experience your power, and how I can show you to others. Amen.*

Response:

## DISCOVER

Read: [Acts 1:1-11](#)

What priority do you give the Holy Spirit in your life? Does that priority align with the instructions Jesus gave his disciples? (verses 4-5)

What did the disciples hope Jesus was coming to do? What did Jesus point them to instead of a restored earthly kingdom?

Is the power that they will receive connected to the coming of his kingdom? If so, how?

What does it mean to be a witness for Jesus? What role does power play in our ability to function as a witness? In what ways can you be a witness?



Take the Holy Spirit Power Assessment to determine what areas in your life need the power of the Holy Spirit. Remember that you are stronger, and the world is better because the Holy Spirit is living in you.

### HOLY SPIRIT POWER ASSESSMENT

Fill in the circle on the continuum between “Need This” and “Got This” to denote your current level of need for Holy Spirit power in each area.

**Calm during times of chaos**

need this

got this

**I’m never alone and never without help**

need this

got this

**Complete confidence that I am going to heaven**

need this

got this

**A rock-solid self-esteem**

need this

got this

**A sense of my unique skillset**

need this

got this

**Strength to obey all of God’s commands**

need this

got this

**Discernment of God’s guidance**

need this

got this

**Influence for good without being phony**

need this

got this

**A deeper prayer life**

need this

got this

**The ability to speak words of truth that help people**

need this

got this



## PRAY

Reflect on the results of your assessment and determine what areas in your life need to see the power of the Holy Spirit at work. Ask God to empower you by showing you his resources of divine power made available through the Holy Spirit. Rest in the hope and faith that supernatural strength is within reach.

## READ



YOUVERSION Days 1-7

John 16:7-16

Luke 3:21-22

Luke 4:18-19

Acts 1:1-11

Luke 11:9-13

Judges 3:1-11

Exodus 31:1-5

Exodus 35:30-35

2 Chronicles 24:11-20