



# OVERFLOW

STUDY GUIDE

WEEK 12  
**REJOICING  
HEART**

# OVERFLOW

## INTRODUCTION

*So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.*

**Colossians 2:6-7 NIV**

Our world is full of things that can cause us to be critical or cynical. However, the Word of God continually encourages us to rejoice - even in the midst of difficulty. A rejoicing heart enables us to reorient our gaze from our current circumstance to God's eternal purpose. By the power of the Holy Spirit we can see beyond ourselves and begin to overflow with hope for the sake of others.

## DISCOVER

Below you will find questions for use in your own personal study, Bible study, neighborhood gathering, or dinner table with family and friends. Record your answers to help you reflect on and share the things God is teaching you.

Read: 1 Peter 1:3-12

What is the "living hope" Peter describes? How can you live with an awareness of this "living hope" each day?

Can you think of an example of when you were able to rejoice and have joy throughout a trial or difficult situation? What enabled you to do that?

According to this scripture passage, what is the role of faith in our lives? What will be the result of our faith?

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## DISCOVER

Read: Luke 15:11-31

How do you relate to the attitude of each brother in the story? In what ways are you like the older brother? In what ways are you like the younger brother?

How would you describe the father's response to the younger brother's return? How can you imitate the father's response when people seek forgiveness from you?

How do feelings of superiority prevent us from enjoying the fullness of God's love and joy?

## PRAY

Seeking and listening to God in prayer are vital to our relationship with him. Take a moment to encounter God in prayer before you conclude your study.

Pray for a life marked with humility. Ask God to empty you of pride and feelings of superiority. Confess judgmental attitudes and arrogance to God and accept his forgiveness. Ask God to fill you with his love, and for it to overflow to all people.

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## ACT

The best thing you can do to grow in your relationship with Jesus this week is to put into practice the discoveries you've made during your study.

Make time at the end of each day this week to reflect on the day. If you experienced good things then certainly rejoice in those things, but even if you experienced painful or confusing things, rejoice in those as well. Read Romans 8:28, and hold tightly to the truth that you serve a great God who is good to his children and is working all things together for our good.

## WEEKLY SCRIPTURE READING

Filling our hearts and minds with the Word of God enables us to discern what is right and true. Use these additional scripture passages to continue your study this week.



**YOUVERSION** DAYS 78-84



Colossians 2:6-7



Luke 15:11-31



James 1:2-5, 12-18



Ephesians 3:19-21



Philippians 4:4-9



Psalms 66:1-20



2 Samuel 22:1-51



1 Thessalonians 5:16-18



1 Peter 1:8-9



Genesis 45:14-20, 25-26



Nehemiah 8:9-11



Psalms 94:19