



# OVERFLOW

STUDY GUIDE

WEEK 13  
**WORSHIPPING  
HEART**

# OVERFLOW

## INTRODUCTION

*He put a new song in my mouth, a hymn of praise to our God. Many will see and fear the Lord and put their trust in him. Psalm 40:3 NIV*

Worshipping God is the act of treasuring God above all other things. He alone deserves our highest affections and ultimate allegiance. We were created to worship him. The Bible teaches us that we can worship God through work, relationship, obedience, generosity, and compassion. When we allow the Holy Spirit to create a worshipping heart in us, he transforms our self-focused desires into humility and gratitude, and reorders our affections toward God, the only one truly worthy of our worship.

## DISCOVER

Below you will find questions for use in your own personal study, Bible study, neighborhood gathering, or dinner table with family and friends. Record your answers to help you reflect on and share the things God is teaching you.

Read: Romans 12:1-2

According to verse 1, what should be our motivation to worship? How is worship described in this passage?

According to verse 2, how are our lives transformed?

What is the difference between attending worship and living in worship?

Why do our minds need to be “renewed” in order to worship God and know his will?

# OVERFLOW

## DISCOVER

Read: Revelation 5:1-14

What makes Jesus worthy to open the scroll? What are the characteristics used to describe the Lamb?

This glimpse into heaven provides a beautiful picture of worship. What stands out to you from this scene? Can you picture yourself among the angels declaring the worthiness of Jesus?

What is the result of Jesus shedding his blood? Who is included in the kingdom purchased by the blood of Jesus?

## PRAY

Seeking and listening to God in prayer are vital to our relationship with him. Take a moment to encounter God in prayer before you conclude your study.

Open your Bible to Psalm 145 and read each stanza aloud as an expression of worship to God. Pause between stanzas to add your own thoughts as you read.

# OVERFLOW

## ACT

The best thing you can do to grow in your relationship with Jesus this week is to put into practice the discoveries you've made during your study.

Listen to the song "Is He Worthy," by Andrew Peterson, with your Bible open to Revelation 5:1-14. (Find this song on the Overflow (OHC) playlist on Spotify.) Declare that Christ alone is worthy of our praise and respond with a heart of worship.

Ask yourself, what is one thing I can I do that will lead me to adore God more today than I did yesterday? Now, go and do it.

## WEEKLY SCRIPTURE READING

Filling our hearts and minds with the Word of God enables us to discern what is right and true. Use these additional scripture passages to continue your study this week.



**YOUVERSION** DAYS 85-91



Psalms 40:3



Luke 11:1-4



John 4:19-24



1 Chronicles 16:23-31



Luke 2:41-52



Colossians 3:12-17



2 Samuel 23:1-7



Romans 11:33-36



Psalms 96:1-13



Luke 22:14-21



Romans 12



Psalms 100:1-5